

KINDERGARTEN CARE



Discover

PLAY



Explore



KINDERGARTEN CARE (KCARE)

KCare is provided to parents who require a full-day service for their child. KCare provides care services, and **time** and **space** for children to **play, explore** and **discover** through **specially designed environments** with **carefully chosen resources**.



KCare aims to provide opportunities for children to develop confidence in communicating with others, social skills, self-help skills and values such as responsibility, care and respect.

KEY FEATURES

Play

Exploration and discovery through play

Importance of play

Large blocks of time for indoor and outdoor play

*Importance of continuous periods of time for play
(e.g., 1 hour)*

Opportunities for mixed-age play

*Benefits of mixed-age play and interaction
(K1 and K2)*

Environment

Specially designed environment and carefully chosen resources

Importance of environment

Children's choice serves as the impetus within the created environment

Benefits of child-initiated play

PROGRAMME

Modular Activities provide opportunities for continuity of children's experiences in different areas of interest across a week. By entering **immersive environments** that excite them to **explore and discover through play**, children get to engage in **deeper** and **more complex** forms of play.

Modular Activities	Purpose
Art & Craft Tinkering	For children to imagine and create
Cookery	For children to develop independence and self-help skills
Music, Movement & Dramatisation	For children to develop confidence and communication skills
Gardening (outdoor)	For children to find out more about the world around them through varied sensory experiences
Sand & Water (outdoor)	

The KCare Experience



Art & Craft



Cookery



Music, Movement & Dramatisation



Tinkering

The KCare Experience

Modular Activities (Outdoor)



Gardening



Sand & Water Play

PROGRAMME

Free Play provides opportunities for children to choose what and who they want to play with, and how they want to play. They take place in four areas that provide children with a range of play experiences that can inspire their **creativity and imagination**. Nurturing reading among the children is also important and **Dedicated Reading Time** is provided for children to be engaged in reading daily.

Indoor Free Play

Outdoor Free Play

Construction and
Manipulative Free
Play

Dramatic
Free Play

Outdoor
Free Play

Sand and Water
Free Play



Dedicated Reading Time

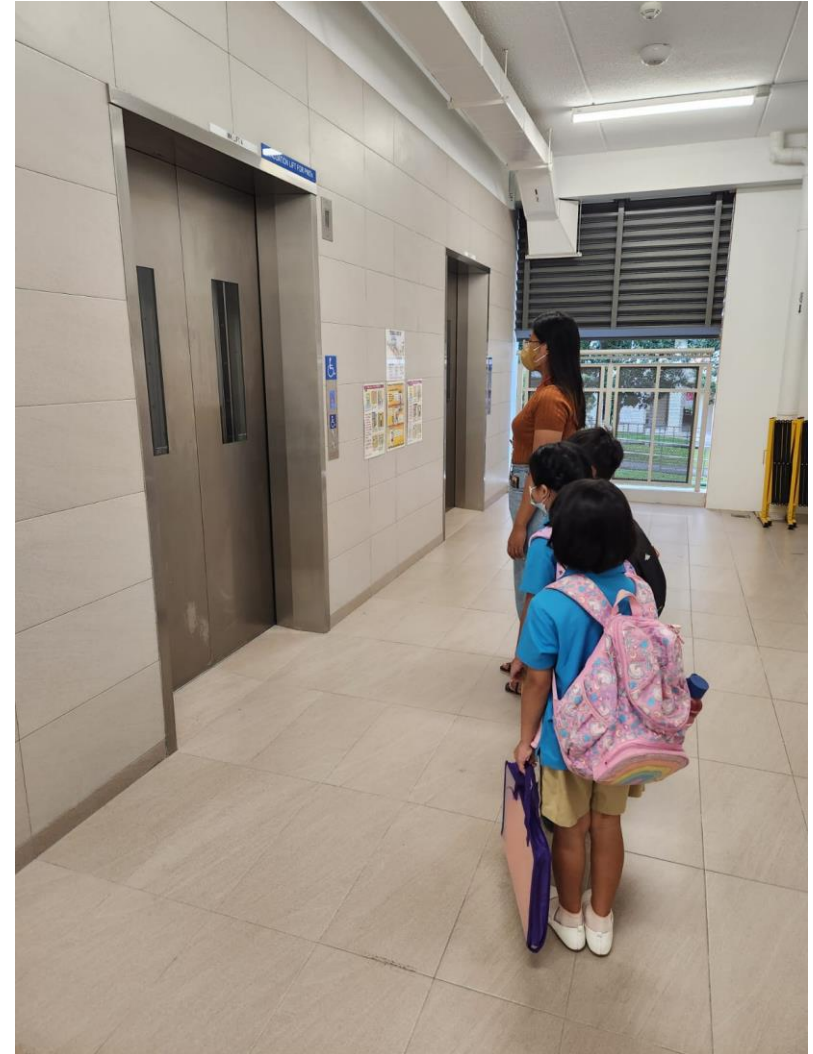
KCare Routines and Environment

Health Check Area



KCare Routines and Environment

Drop Off and Pick Up Points



KCare Routines and Environment



Children carry out daily hygiene practices



Nap time in homeroom

KCare Environment

Indoor – Activity Rooms



Tinkering



Cookery

Kcare Environment

Indoor – Homerooms



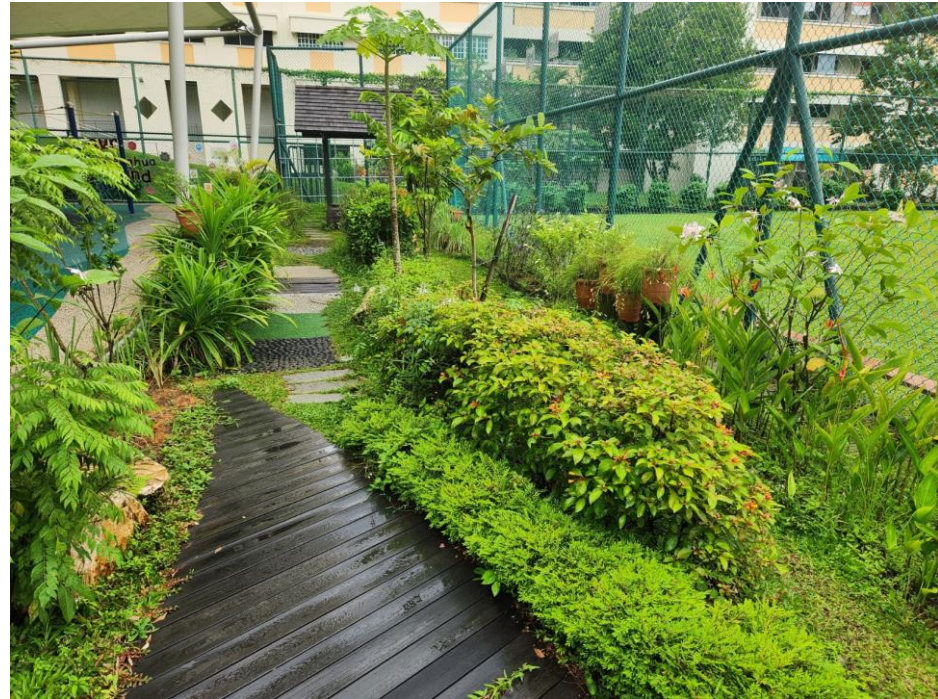
KCare Environment

Outdoor

Specially designed Sand & Water play area and Sensory Garden for children to use their five senses to explore and find out about the world around them



Sand & Water Play Area



Sensory Garden

A TYPICAL DAY

Sample Timetable (AM KCare)

Time	Activity
0700 - 0800	Arrival and Health Check/Indoor Free Play
0800 - 0830	Breakfast
0830 - 0930	Modular Activities/Outdoor Free Play
0930 - 1030	Modular Activities/Indoor Free Play
1030 - 1045	15 minutes of Dedicated Reading Time
1045 - 1300	Rest/Nap, Wipe down, Lunch
1300 - 1700	MOE Kindergarten
1700 - 1900	Indoor/Outdoor Free Play Quiet Time and Dismissal

Note: KCare homerooms reside within MK. Both MK and KCare staff will work out an arrangement for the smooth handover of the children.

A TYPICAL DAY

Sample Timetable (PM KCare)

Time	Activity
0700 - 0800	Arrival and Health Check/Indoor Free Play
0800 - 1200	MOE Kindergarten
1200 - 1230	Arrival and Health Check
1230 - 1430	Lunch, Wipe down, Rest/Nap
1430 - 1530	Modular Activities/Indoor Free Play
1530 - 1545	Afternoon Snack
1545 - 1600	15 minutes of Dedicated Reading Time
1600 - 1700	Modular Activities/Outdoor Free Play
1700 - 1900	Indoor/Outdoor Free Play Quiet Time and Dismissal

Note: KCare homerooms resides within MK. Both MK and KCare staff will work out an arrangement for the smooth handover of the children.

HOLIDAY PROGRAMME

Sample Timetable

Time	Activity
7.00am - 8.00am	Arrival and Health Check
8.00am - 9.00am	Breakfast/Dedicated Reading Time (15 min)
9.00am - 12.00pm	Neighbourhood walk or field trip to places of interest OR Modular Activities Morning Snack Indoor and/or *Outdoor Free Play
12.00pm - 1.30pm	Group 1: Lunch; Group 2: Wipe down/Indoor Free Play/Dedicated Reading Time (15 min) (Swop the groups)
1.30pm - 3.00pm	Quiet Time (including nap), Afternoon Snack
3.00pm - 5.00pm	Modular Activities Indoor and/or *Outdoor Free Play
5.00pm - 7.00pm	Indoor and Outdoor Free Play/Dismissal

*Outdoor activities can only be conducted before 10.30am and after 3.30pm

MEALS AND SAMPLE MENU




Sample Menu

Meals are catered from a Licensed Caterer



WEEK 1

	<u>MON</u>	<u>TUE</u>	<u>WED</u>	<u>THU</u>	<u>FRI</u>
Breakfast	 Nestle Multigrain Cheerios Full Cream Milk	Low Fat Cheese Whole Meal Sandwich Calcium Fortified Soy Milk	Whole Meal Red Bean Bun Full Cream Milk	Whole Meal Tuna Sandwich Calcium Fortified Soy Milk	Whole Meal Vanilla Muffin Full Cream Milk
Lunch	Mixed Grain Rice Teriyaki Chicken <u>or</u> Teriyaki Tofu Raddish & Carrot Soup Fresh Fruit	Brown Rice Bee Tai Mak Minced Chicken <u>or</u> Braised Tofu Baby Bok Choy Soup Fresh Fruit	Mixed Grain Rice Cereal Fish <u>or</u> Cereal Miock Chicken Chye Sim Soup Fresh Fruit	Taiwanese Braised Meat Mixed Grain Rice Minced Chicken & Mushroom <u>or</u> Braised Tofu & Mushroom Spinach & Wolfberry Soup Fresh Fruit	Mixed Grain Pilaf Rice Grilled Chicken with Mushroom Sauce <u>or</u> Chicken & Corn Stew Broccoli Soup Fresh Fruit
	Seasonal Cut Fruit				
Tea Break	Whole Grain Strawberry Muffin Homemade Barley	Banana Oat Porridge	Stir-fried Carrot Cake (no egg) Homemade Barley	Whole Meal Chocolate Chip Bun Milo	Mixed Grain Corn Porridge

SCHEDULE FOR FIRST 2 DAYS OF SCHOOL

For K1 children enrolled in MK (A.M. session):

Time	Programme
8.00 to 9.30am	MK
9.30 to 11.00am	KCare

For K1 children enrolled in MK (P.M. session):

Time	Programme
1.00 to 2.30pm	MK
2.30 to 4.00pm	KCare

KCARE ARRIVAL & DISMISSAL HOURS

AM Session (Arrival)

- 7am – 7.50am
- 8.10am – 8.30am

PM Session (Dismissal)

- 5.20pm – 7pm
 - Structured dismissal at 20-minute timeslots; i.e. 5.20pm, 5.40pm, 6pm, 6.20pm, after 6.40pm

Black-out Time (No entry for KCare Children)

- **7.50am – 8.10am (Arrival of MK AM Children)**
- **4.50pm – 5.10pm (Dismissal of MK PM Children)**

KCare Operating Hours

Monday – Friday

7:00am - 7:00pm

- Closed on Saturdays, Sundays and Public Holidays
- Centre Closure: Additional 6 days in a year
- Half day Closure: On the eve of Christmas, New Year and Lunar New Year, closing time will be subjected to the school's closing time.

ITEMS TO BRING DAILY

(FROM 5 JAN 2023)

- One set of MK Uniform (LABEL)
- Small towel (for wipe-down)
- Undergarment
- Re-useable bag for dirty laundry
- YMCA KCare Communication Book
- Water bottle

*We seek your co-operation to **label** all your child's belongings – "ZHKCC+ Child's Name"*

- *Including Socks, Shoes, Bag, Undergarment, Towel, MK Uniform etc*

KCARE FEE

Monthly fee for KCare in 2023

Singapore Citizen	Singapore Permanent Resident
\$210 (Fee after \$150 basic subsidy)	\$360

Fee payment by the 5th of each month.

A late payment charge of **3% per day** shall be levied for fee received after the 5th of each month.

Children who are on subsidy scheme will have **to fulfill a minimum attendance of at least one day a month,** to be entitled to the subsidy, or the subsidy shall be recovered from parents.

KCARE FEE

Monthly Fee Payment is made via either:

1. Cheque, crossed & made payable to **"YMCA of Singapore"**;
2. Internet Banking to YMCA DBS Autosave Account:
001-015231-9

OR

1. CDA(DBS POSB/ OCBC/ UOB) / Non-CDA GIRO Account
(Please submit the completed form to the Centre for processing)

A penalty fee of S\$25 is imposed for bounced cheque or failed GIRO deduction. GIRO and cheque mode shall be refused after 2 failed deductions.

KCARE FEE

Note:

For Internet Banking to YMCA DBS Autosave Account:

001-015231-9

Please provide screen shot of the transaction comprising the following information:

- Transaction Date & Time
- YMCA Bank Account No
- Transaction amount
- Message indicating the transaction is successful
- Reference: "Centre Code" is ZHKCC / "Child's name" is name of your child

WITHDRAWAL

Inform the KCare Centre Supervisor of withdrawal.

Complete and submit the Withdrawal Form, give a full calendar month written notice.

Termination of enrolment will only take effect on the last day of the following month.

For example:

<u>Date of Withdrawal</u>	<u>Effective Last Day</u>
01 July 2023	31 July 2023
Anytime from 2 – 31 July 2023	31 August 2023

SAFETY MEASURES

Dismissal

Display your **Authorisation Pass** prominently for verification.

Sign out on the Sign In/Out Sheet.

Record **The time** you sign out.

LATE PICK-UP

Keep the Centre **informed** if you are late.

Please note that phone calls to notify of late arrival will **not exempt** a late fee charge.

A late fee of **\$5.00 is chargeable for every 5-minute** pick-up delay after 7pm.

COMMUNICATION BOOK

A Communication Book will be given and put in the child's bag for communication between parents and the staff

COMMUNICATION

We encourage and appreciate frequent communication between the KCare operator and parents.

We can be reached at:

Email: zhkcc@ymca.edu.sg

Telephone: 9839 1943

KCare Team @ Zhenghua



THANK YOU!

