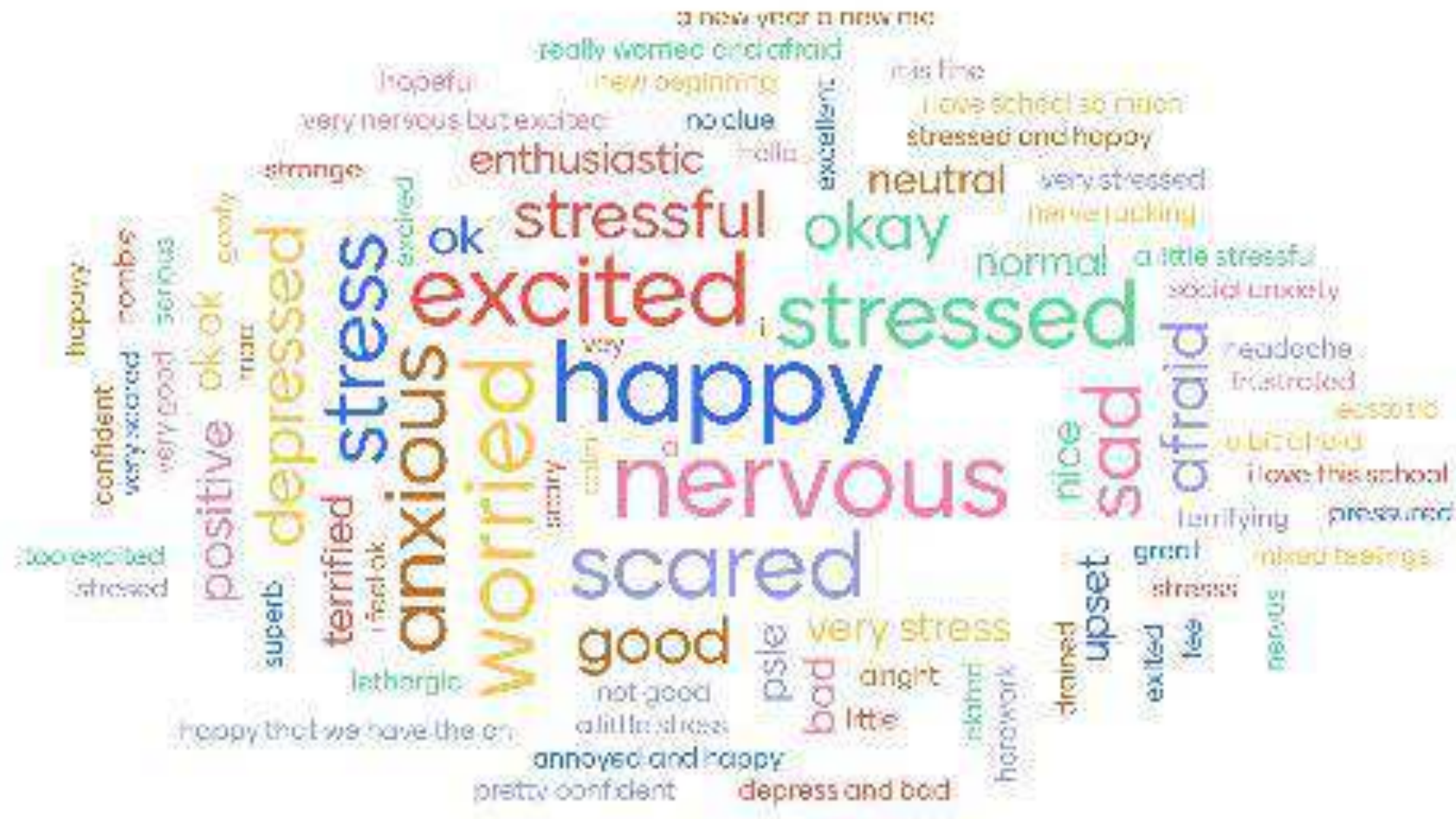


# Support for our P6 Students

Principal's Briefing For  
Parents Of P6 Students  
4 Feb 2023



I asked the P6 students:  
How do you feel about 2023?





I asked the P6 students:  
What are your worries & challenges this year?



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## What I told the P6 students

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- PSLE is important and it is important to work hard this year
  - But PSLE is not a matter of life and death
  - This year doesn't have to be a stressful year. How can you make the most of your last year in ZHPS so that you will treasure it?

## What I told the students

- In ZHPS, we love, value and accept you for who you are regardless of your results or achievements but we hold you to high expectations of work attitude and behaviour.
- We are here to support and encourage you.
- We believe in you. We believe that every child is different, special and talented in his/her own way.
  - *Will you believe in yourself – will you believe that, with effort, you can learn and achieve your personal best?*

# Re-defining Success

## ■ Re-defining Success

- 1. a successful personal life: healthy, meaningful relationships with family and friends
- 2. a successful school life: improvement and growth, being the best that you can be;
- 3. the good that you leave behind: how do you want your friends and teachers to remember you? Have you done something positive and meaningful for others?

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We asked our P6  
students:  
What are some things  
your parents do  
for you which you  
appreciate?

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- Emotional support and encouragement
  - Spending time
  - Support for learning: help with homework, learning materials
  - Practical support: food, favourite treats, conducive home environment

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We asked our P6  
students:  
What are some things  
your parents  
say or do to you  
which add to your  
stress?

- 
- Comparisons with others (siblings, friends, classmates, relatives)
  - Scolding and nagging
  - Criticism, harsh words and threats
  - Unrealistic expectations about homework, grades and secondary schools
  - Giving excessive work



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We asked our P6  
students:  
What kind of support  
would you like  
from your parents this  
year?

- 
- **Be** more kind, patient  
and understanding
  - **E**ncourage
  - **S**upport
  - **S**top comparing
  - Spend **T**ime

# Parents' Support

- Unconditional love, support & acceptance
  - Accept that your child is different & special in his/her own way; avoid comparing your child
- Take care of your child's holistic well-being
  - Adequate rest and exercise and a balanced diet → a more alert mind and healthy body

# Parents' Support

- Believe in your child
- Encourage and Affirm your child
  - catch him/her doing right
- Make time for your child, Manage your own expectations
- BEAM more, compare and criticize less